

A Year To Live

If you thought that this year would be your last, what changes would you make in your life? Who would you connect with, or reconnect with? What would you stop doing, and what would you begin to do? These are the kinds of questions that author Stephen Levine began to ask after years of teaching meditation and healing techniques to terminally ill patients.

Levine became his own research project. He called it "the year to live." He acted as if he would be alive for only one more year. He reviewed past events that had impacted his life, both good and bad. This process inspired Levine to show his gratitude and appreciation to the many people who had touched his life in a positive way. He found that this helped him develop a more loving and compassionate view of the world. He also found the strength to forgive the past hurts and resentments he'd been holding on to. The thought of dying allowed Levine to find the courage to commit to living a full life – to believe that nothing could hurt him now.

In "the year to live", Levine learned that love is the only rational act of a lifetime. As he put it, "Everything else pales in comparison."

When you're living on borrowed time, every minute counts. At this point, it's not about traveling the world spending all your money living wild and crazy on a never ending vacation. It can be about making amends, volunteering your time giving back to the community. It could be about remaining positive and thanking people for the small things they do that bring a smile to your face.

If you could create more meaning in your life, what would you do? If your days were numbered, would you make them count? More to the point, what are you waiting for?

Boudreaux's Wisdom

Boudreaux and Thibodeaux were sitting in Pierre's Bar across from the boat launch. The wind was too bad for fishing so they were just fine drinking beer.

Thibodeaux asked, "Boudreaux, do ya member back in da 80's when we worked at da refinery?"

Boudreaux replied, "Yeah, dem was good times. I work in da maintenance and you work in da security. I made a lotta money dere."

Thibodeaux continued, "Dem was good times for sure. But Boudreaux I gotta ax ya somethin. Ever day we was dere, jus before quitin, you pushed a wheelbarrow full a trash out da gate and ta da dump. I checked it out and all I saw was pieces a wood, hunks a rust, iron, wire, empty paint cans, dried out paintbrushes, busted light bulbs, all kinda stuff, but nothin werf stealin. Now, I know ya Boudreaux, I know you was stealin somethin. What was it?"

Boudreaux chuckled and said, "Wheelbarrows".

THE RELIABLE REPORT

For comments or suggestions, please contact Chris David (Safety Director) @ 225-937-6579 or Sharon Hebert (Systems Adm.) @ 225-637-4835



RELIABLE PRODUCTION SERVICE, INC.

9095 Airline Hwy. 190 - P.O. Box 176
Livonia, La. 70755
Phone (225) 637-4835
Fax (225) 637-4842

E-mail (cdavid@reliableproduction.com)
Website (www.reliableproduction.com)

THE RELIABLE REPORT

JULY 1, 2011 VOLUME 8, ISSUE 5



Office Locations for Livonia & Port Allen

**9095 Airline Hwy. 190
Livonia, La. 70755**



Phone: 225-637-4835
Fax: 225-637-4842

*Reliable Production Service, Inc.
*RPS Cementing Co., LLC

**1090 Cinclare Drive
Port Allen, La. 70767**



Phone: 225-343-3900
Fax: 225-343-3200

*Liberty Resources, Inc.
*Vada Group, LP
*Delta Land Services, LLC
*Thorn Oilfield Service, LLC
*JLM Ventures, LLC
*Reliable Amusement Co., Inc.
*Bellevue Royalty

July Anniversaries

Bob Meredith III 7 yrs. 7/1 LRI
Brett Capps 5 yrs. 7/1 RPS
Louis Powell 6 yrs. 7/13 RPS



Reliable Production Service

Reliable Amusement Company



Liberty Resources, Inc.

All of us are born for a reason, but all of us don't discover why. Success in life had nothing to do with what you gain in life or accomplish for yourself. It's what you do for others.

Danny Thomas

July Birthdays

Jacob Leger 7/1 RPS
Gerard Brumfield 7/5 LRI
James Granier 7/5 RAC
Gabriel Seal 7/8 RPS
Jamie "T-Boo" Boudreaux 7/9 RPS
Andre Dixon 7/13 RPS
Chris David 7/19 RPS
Wayne Robin 7/22 RPS
Paul Bergeron 7/23 LRI
Allen "Dog" Turner 7/28 RAC
Joseph "Fatty" Mallet 7/28 RPS
Orise Tezeno 7/31 RPS

RPS – Reliable Production Service

RAC – Reliable Amusement Company

LRI – Liberty Resources, Inc.

"SAFETY FIRST"



Tornado Facts

A typical tornado only lasts for a few minutes, and can occur at any time, but most often between 3 p.m. and 9 p.m.

They may strike quickly, with little or no warning. They may appear nearly transparent until dust and debris are picked up or a cloud forms in the funnel. Flying debris is the greatest danger in tornadoes.

The average forward speed of a tornado is 30 MPH, but may vary from stationary to 70 MPH.

Peak tornado season in the southern states is March through May.

Practice a family/work tornado drill at least once a year. Have a predetermined place to meet after a disaster.

***If you are in a house, dorm, or an apartment with no basement:** Go to the lowest floor, small center room (like a bathroom or closet), under a stairwell, or in an interior hallway with no windows. Crouch as low as possible to the floor, facing down and cover your head with your hands. Even in an interior room, you should cover yourself with some sort of thick padding (mattress, blankets, etc.), to protect against falling debris in case the roof and ceiling fail.

***If you are in a car or truck:** You may be able to drive out of its path by moving at right angles to the tornado. Otherwise, park the car as quickly and safely as possible -- out of the traffic lanes. Get out and seek shelter in a sturdy building. If in the open country, run to low ground away from any cars (which may roll over on you). Lie flat and face-down, protecting the back of your head with your arms. Avoid seeking shelter under bridges, which can create deadly traffic hazards while offering little protection against flying debris.

***If you are in the open outdoors:** If possible, seek shelter in a sturdy building. If not, lie flat and face-down on low ground, protecting the back of your head with your arms. Get as far away from trees and cars as you can; they may be blown onto you in a tornado.

Your Actions Speak Louder Than Words

In the past, I've taken considerable flak from friends and family because I rarely utilize the call-waiting feature on my cellphone. As I see it, the person I'm talking to is the most important person at that time, so I focus all of my attention on them.

A couple of years ago, I was participating in "The Passionate Walk with Jesus", a walk that last about eight hours. During our lunchtime break, I was approached by a young lady who was working her way through a substance abuse program. Just as we began to talk, we were interrupted by a friend who wanted me to give an interview to a local news reporter doing a story about the walk. I asked my friend to tell the reporter that I would be happy to give her an interview after concluding my discussion with the young lady. Moments later, my friend returned and informed me that the reporter had to do the interview now or she won't make the deadline for the evening news.

There I was standing in the middle with the young lady at my right, willing to open her heart anticipating some much needed advice and encouragement, and on my left, a friend who was looking forward to me promoting this very important occasion.

In a brief moment, my mind raced as I played out the pros and cons of my situation. What should I do? It didn't take me long to realize that I couldn't satisfy both parties, so it was inevitable that I would have to disappoint one or the other.

I elected to appease the wishes of my friend. In doing so, I expressed my regret to the young lady and left her standing there with a look of disappointment on her face. It is a decision I still regret to this day. That young lady got the impression that she wasn't important.

At the conclusion of the day, I was left with the overwhelming feeling that I had missed the main target right in front of me. That day a young lady's objective was to straighten out her life, and in an attempt to fulfill her desire, she took aim at me. I, on the other hand, fell short of her expectations, and not escaping the paradox, I become awfully conscious that I was walking with Jesus, yet I was far from following his instructions.