

IT COMES DOWN TO WHO YOU TRUST

I've had good friends come to me with information, or should I say misinformation they received that was harmful to my good character. My comment is always the same, "People hear what they want to hear." Maybe they don't get enough information to grasp the full understanding. Faced with this dilemma, I give my friends accurate, detailed information, based on the sequence in which my situation unfolded. You see, it comes down to who they trust, not what they heard.

A few weeks ago, I was having lunch at a restaurant with a friend. We were forced, due to the close proximity of the tables, to listen to two men next to us discuss a recent event that happened in the community. Being close to the people involved with the event, I knew that sixty percent of what these two men were saying was not accurate, and at best, the rest was a mixture of truth and embellishment.

To insert myself into their not so private conversation, I simply said, "Gentlemen, I can shed some light on your topic if you are interested in hearing from someone who has firsthand knowledge about the event in question." Not surprisingly, they promptly responded with, "Who are you?" I thought this was a fair question to ask, since they didn't know me. Remember, it's comes down to who you trust, not what you heard. After proper credentials were confirmed, I was able to give these men the truth, the whole truth, and nothing but the truth. As important, they were now able to be witnesses to the truth, with my name to back it up rather than the usual "they said" as a response to the question, where did you hear that from?

It's been my experience that many people are quick to judge, but slow to validate. As well, many never question the integrity of most people, blindly trusting that their story must be true or they wouldn't repeat it, right! I prefer to trust my five senses. If I didn't see it, if it leaves a bad taste in my mouth, if it smells bad, if it sounds too good to be true, or I wouldn't touch it with a ten foot pole, you can bet I'll take it with a grain of salt.

Remember, it comes down to who you trust, not what you are hearing.

Boudreaux's Wisdom



One day Boudreaux went to the doctor to get a checkup. Boudreaux says to the doctor, "Mais you know something doc ... my wife Clotile, she's having trouble wit her hearing." De doc say, "Well Boudreaux, how bad is it?"

"Mais doc I don't know how bad it really is, but she don't seem to hear me at all. Whats de best way to find out how bad her hearing is?"

De doc say, "Boudreaux, when you get home stand about 20 feet behind Clotile and say something in your regular voice. If Clotile don't respond then move up 10 feet and try again. If you don't get any response move up 5 feet and try, then if you don't get any response move right up behind her."

When Boudreaux got home, Clotile was wash dem dish in de sink so he get about 20 feet back and say, "Clotile what we havin for dinner?"

Mais there was no response, so he move up 10 feet and say dat again. Still no response so he move up 5 feet and try. Nothing... "Huh, it worse dan I tought," Boudreaux say to himself.

He move right up behind Clotile now and ax her one mo time, "Clotile, what we havin for dinner?" Clotile turned, looked at him and said, "for the fourth time, I said we havin' chicken and rice!"

THE RELIABLE REPORT- Designed to inform Reliable Employees. For comments or suggestions, please contact Chris David (Safety Director) @ 225-937-6579 or Sharon Hebert (Systems Adm.) @ 225-637-4835



RELIABLE PRODUCTION SERVICE, INC.

9095 Airline Hwy. 190 - P.O. Box 176
Livonia, La. 70755
Phone (225) 637-4835
Fax (225) 637-4842

E-mail (cdavid@reliableproduction.com)
Website (www.reliableproduction.com)

THE RELIABLE REPORT

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Reliable Rig #16

Pictured from left to right are Chris Devillier, Delton Orgeron, Chris Matt, Shannon Vidrine and Paul Wayne Taylor.

Paul Wayne is the Rig Supervisor, having been with Reliable nearly twenty years. Shannon is the driller. He celebrated nine years with Reliable on May 24th. Chris is the derrickman. He'll have eleven years with the company on November 4, 2010. Chris and Delton are the floorhands. Chris logged a year with Rig #16 on May 8th, while Delton is the newest member of the rig, having worked six months in May.

The crew has spent many hours working for Liberty Resources, Swift Energy and North Coast Energy, to name a few. Currently, they are in Mississippi on a twenty-four hour operation for Tellus Operating Company.



June Anniversaries

Ramona Hebert 33 yrs. 6/1 LRI
Louise Guidroz 28 yrs. 6/1 RPS
Robert Patin 14 yrs. 6/1 RAC
George Guerin 1 yr. 6/1 RPS
Win Songy 1 yr. 6/1 RPS
Lloyd Miller 31 yrs. 6/4 RPS
Veta Stokes 5 yrs. 6/6 LRI
Gregory Hollins 3 yrs. 6/7 RPS
Ricky Carriere 7 yrs. 6/9 RPS
Jamie Boudreaux 7 yrs. 6/16 RPS
Samuel Meche 7 yrs. 6/16 RPS
Oreste Theriot 7 yrs. 6/16 RPS
Clarence Thomas 7 yrs. 6/16 RPS
Donald Aymond 33 yrs. 6/30 RPS



Reliable Production Service



Reliable Amusement Company



Liberty Resources, Inc.

June Birthdays

Doug Martin 6/5 RPS
Belinda Cardenas 6/12 RPS
Derrick Broussard 6/15 LRI
Carla Hebert 6/20 RAC
Stanley Hargrave 6/21 LRI
Madelene Hill 6/23 LRI
Van Mires 6/26 RPS
Kathryn Bergeron 6/28 RAC
Ramona Hebert 6/29 LRI

RPS – Reliable Production Service

RAC – Reliable Amusement Company

LRI – Liberty Resources, Inc.

"SAFETY FIRST"



The human body, being warm blooded, maintains a fairly constant internal temperature, even as it is being exposed to varying environmental temperatures. To keep internal body temperatures within safe limits, the body must get rid of its excess heat.

Heat Stress

Heat stress occurs when the body is unable to cool itself by sweating. Several heat-induced illnesses such as heat exhaustion and the more severe heat stroke can occur. The worse case can result in death.

Factors Leading to Heat Stress

High temperatures and humidity; direct sun or heat; limited air movement; physical exertion; poor physical condition; some medicines; and inadequate tolerance for hot workplaces are contributing factors that lead to heat stress.

Preventing Heat Stress

Always monitor yourself and co-workers during the hottest part of the workday.
Block out direct sun or other heat sources.
Use cooling fans/air conditioning.
Take regular breaks to ensure proper rest.
Drink lots of water to stay hydrated.
Wear lightweight, light colored, loose-fitting clothes.
Avoid alcohol, caffeinated drinks or heavy meals.

What to do for Heat-Related Illness

Call 911 at once! While waiting for help to arrive, move the person to a cool, shaded area, loosen or remove heavy clothing, provide cool drinking water, and fan the person to help them cool down.

'Let Us Help with Your Environmental Concerns'

- *Permitting Assistance
- *Mitigation Planning
- *Restoration Services
- *Subcontractor Management
- *Maintenance Services
- *Brokering
- *Public Notice & Documentation Services

~Industries Served~

- *State Agencies
- *Public Municipalities
- *Exploration & Production Companies
- *Engineering Program & Management Firms
- *Petrochemical Companies
- *Private Business
- *Residential and Commercial Developments

1090 Cinclare Drive - Port Allen, La. 70767
Phone: (225) 343-3900 ~ Fax: (225) 343-3200

School's out for Summer!
Enjoy the Summer, but don't
take a Vacation from Safety!
Keep a watchful eye on the kids!

