

Your Actions Say It All!

Larry Johnson is a Professional Speaker and Corporate Coach. He has helped companies around the world develop more effective relationships with their employees and improve their customer service. So, imagine his surprise when he found out that a potential client thought he was rude.

The man had attended one of Johnson's seminars. He'd even praised Johnson in a survey conducted after the event, and requested information about hiring Johnson as a consultant. By the time someone from Johnson's staff contacted the man, he'd had a change of heart.

The man complained that Johnson was unfriendly and didn't "walk his talk." Johnson was stunned. He contacted the man personally to make amends.

The man reminded Johnson of their brief encounter. The man had purchased one of Johnson's books and approached him to have it signed. However, Johnson was distracted throughout their conversation that he ended abruptly to leave.

That day is one that Johnson will always remember. After standing through a four-hour seminar, an old knee injury had flared up and was causing him a considerable amount of pain. All he could think about was getting back to his hotel room and getting off his feet. He'd allowed his discomfort to consume him to the point where he was no longer fully engaged with someone who respected and valued his opinion.

Looking back, Johnson realized he could've handled things better. He should've been honest about not feeling well and moved the discussion to an area of the room that would've allowed him to sit.

Our actions speak volumes. What are you communicating to people around you by what you don't say? It's worth considering.

Boudreaux's Wisdom



Boudreaux Takes His First Plane Trip

Boudreaux is taking a plane trip for the first time in his life, and is just a little nervous. Not too long after they take off, the pilot is making the usual welcome announcements over the PA system. "Ladies and gentlemen, this is the Captain. I would like to welcome you aboard Tree Top Airlines. We are flying nonstop from New Orleans to Los Angeles, and I expect a smooth and uneventful flight. Just sit back and enjoy the - - - *"OH MY GOD!"* followed by silence. A minute later, the pilot comes over the PA again, "Ladies and gentlemen, I'm sorry if I scared you back there, but the stewardess had brought me a hot cup of coffee and accidentally spilled it in my lap. You should see the front of my pants !" Boudreaux, breathing a huge sigh of relief, tells the passenger next to him, "Mais, dat ain't nothing, you should see the back of mine !"

THE RELIABLE REPORT- Designed to inform Reliable Employees. For comments or suggestions, please contact Chris David (Safety Director) @ 225-937-6579 or Sharon Hebert (Systems Adm.) @ 225-637-4835



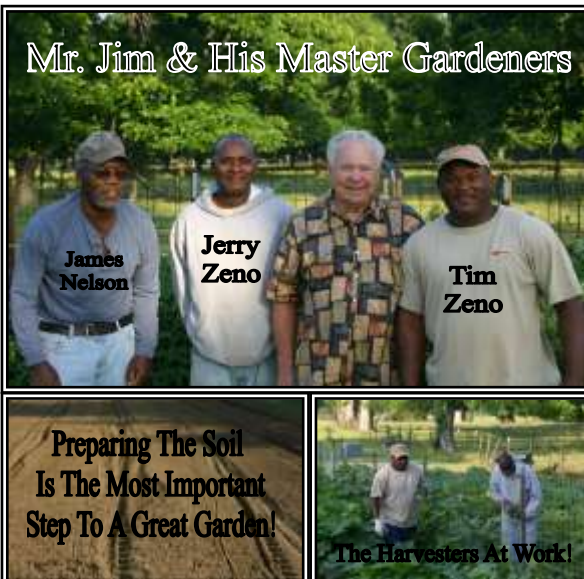
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If you've ever wondered what Mr. Jim does in his spare time, its gardening. He and his fellow gardeners, James, Jerry and Tim have been hard at work getting the soil ready, planting the crop, and now picking the produce, which will make its way to the offices in Port Allen and Livonia, as well as on the tables of friends and family.

These guys keep the produce coming year round, and they don't just have one modest garden, they work three large gardens that sport 120 tomato plants, rows of cucumbers, snap beans, white & yellow squash, eggplants, purple hull peas, okra, bell peppers, banana peppers, zucchini, potatoes, onions, mustard greens, beets, cauliflower, carrots and broccoli.

Tim tells me they'll be adding strawberries, watermelons and cantaloupe to the gardens soon.

June Anniversaries

Ramona Hebert 34 yrs. 6/1 LRI
Louise Guidroz 29 yrs. 6/1 RPS
Robert Patin 15 yrs. 6/1 RAC
George Guerin 2 yrs. 6/1 RPS
Win Songy 2 yrs. 6/1 RPS
Lloyd Miller 32 yrs. 6/4 RPS
Veta Stokes 6 yrs. 6/6 LRI
Gregory Hollins 4 yrs. 6/7 RPS
Ricky Carriere 8 yrs. 6/9 RPS
Jamie Boudreaux 8 yrs. 6/16 RPS
Samuel Meche 8 yrs. 6/16 RPS
Oreste Theriot 8 yrs. 6/16 RPS
Clarence Thomas 8 yrs. 6/16 RPS
Donald Aymond 34 yrs. 6/30 RPS



Reliable Production Service

Reliable Amusement Company



Liberty Resources, Inc.

Humility leads to strength and not weakness. It is the highest form of self-respect to admit mistakes and to make amends for them.

JOHN J. MCCLOY

June Birthdays

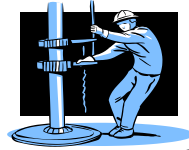
Doug Martin 6/5 RPS
Belinda Cardenas 6/12 RPS
Carla Hebert 6/20 RAC
Stanley Hargrave 6/21 LRI
Madelene Hill 6/23 LRI
Van Mires 6/26 RPS
Kathryn Bergeron 6/28 RAC
Ramona Hebert 6/29 LRI

RPS – Reliable Production Service

RAC – Reliable Amusement Company

LRI – Liberty Resources, Inc.

"SAFETY FIRST"



OSHA Requiring Workers in Oil Fields to Wear Flame Resistant Clothing

Oil and gas companies are requiring everyone in the oilfield to wear Flame Resistant Clothing better known as FRC's, so that if a flash fire happens, workers will be properly equipped.

They are hot, they are uncomfortable, but on the other hand although flash fires are extremely rare, they do happen once in a while and if a man is wearing the FRC's in a flash fire, he's going to be a lot safer than just wearing cotton clothing.

Preventing Heat Stress While Working in FRC's

Always monitor yourself and co-workers during the hottest part of the workday.

Use cooling fans/air conditioning.

Take regular breaks to ensure proper rest.

Drink lots of water to stay hydrated.

Avoid alcohol, caffeinated drinks or heavy meals.

Heat Stroke/ Heat Exhaustion

Heat stress occurs when the body is unable to cool itself by sweating. Several heat-induced illnesses such as heat exhaustion and the more severe heat stroke can occur. The worse case can result in death.

Factors Leading to Heat Stress

High temperatures and humidity; direct sun or heat; limited air movement; physical exertion; poor physical condition; some medicines; and inadequate tolerance for hot workplaces are contributing factors that lead to heat stress.

What to do for Heat-Related Illness

Call 911 at once! While waiting for help to arrive, move the person to a cool, shaded area, loosen or remove heavy clothing, provide cool drinking water, and fan the person to help them cool down.

Degree of Difficulty

I remember watching the Summer Olympic Games with my daughter when she was about ten years old. We were watching the women's diving competition one night when I was able to give her my very own lesson in life.

As we watched the scores being posted, my little one commented that she thought some divers were given poorer marks than others for what she reasoned were better diving performances than their competition. She was right about her assertion. Some did perform flawless dives, but what she failed to calculate into the whole equation was something called "degree of difficulty".

I explained to her that, although many Olympians executed their dive nearly perfectly, some chose a dive that was not very difficult. In other words, nearly everyone who attempts the dive succeeds. Therefore, they were given minimal marks for the low skill level required. Their competitor, on the other hand, decided to try a more complex dive, one that not many can execute. Although they didn't perform it flawlessly, they were judged in light of their willingness to take a greater risk. Therefore, they were given high marks, and not surprisingly, the gold medal at the end of the night.

When you chose to do something difficult and you work your butt off, sacrifice your time and resources to do it bigger and better than anyone else, you get an A for your effort. Conversely, when you decide to limit your risk, devote marginal time, and sacrifice very little, you shouldn't be surprised that you aren't receiving the gold medal. When you give a C effort, you receive a bronze medal, and anything less, you find yourself in the audience watching as the most deserving people receive their honors.

Reward equivalent to the associated risk has always been a motivating factor. Incentives aim to inspire potential, but quite often expose those who wish to take the easy way out. If we change the merit system and give everybody a gold medal simply because they took the plunge, there would be no need for the diving competition. Let's hope the day never comes when society awards the same benefits to the underachiever as it does to the overachiever. If so, I theorize that aiming for excellence and showcasing personal talent will give way to rampant laziness. I pray that day never comes!